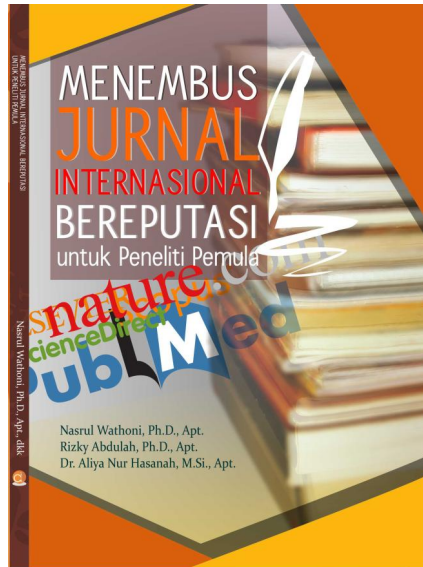




Faculty of Pharmacy  
Universitas Padjadjaran



## Filosofi membuat artikel ilmiah Untuk jurnal INTERNASIONAL BEREPUTASI



Bedah buku

”Menembus Jurnal Internasional Bereputasi untuk Peneliti Pemula”

Prof. Nasrul Wathoni, Ph.D., Apt.

Kepala Departemen Farmasetika dan Teknologi Farmasi

Fakultas Farmasi Universitas Padjadjaran



Kuliah Tamu  
Program Magister Farmasi  
Universitas Lambung Mangkurat  
20 Juni 2026



# Perkenalan



Prof. apt. Nasrul Wathoni, Ph.D.

## Education :

- Undergraduate, 2000-2004  
Faculty of Pharmacy, Universitas Padjadjaran, Bandung-Indonesia
- Pharmacist, 2004-2005  
Faculty of Pharmacy, Universitas Padjadjaran, Bandung-Indonesia
- Master of Pharmaceutic, 2007-2009  
School of Pharmacy, Institut Teknologi Bandung, Bandung-Indonesia
- Doctor, 2014-2017  
Physical Pharmaceutic Department, Kumamoto University, Kumamoto-Japan

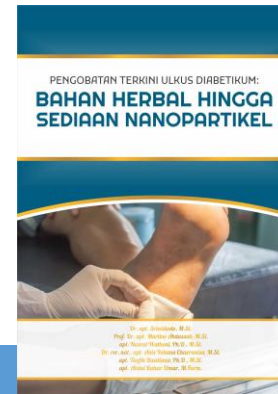


2024, 2025

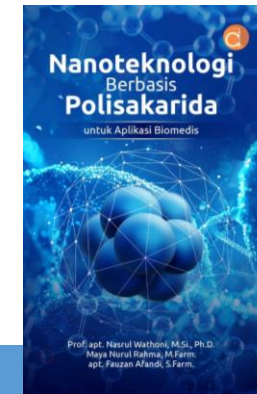
## Publications

	Scopus	GScholar
Article	122	183
Citation	4025	5027
Cited Document	111	158
H-Index	33	37
i10-Index	76	93

## Books



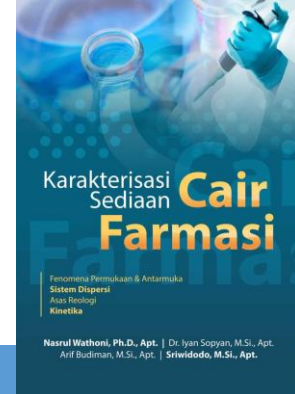
2020



2025



2018



2018



# Link Materi Handout



<https://nazroel.id/2026/06/17/kuliah-tamu-di-ulm-filosofi-membuat-artikel-ilmiah-untuk-jurnal-internasional-bereputasi/>

# The history

## Lulus S2

2009

- Mengenal diri
- Mencari panutan

2010

- Mencari skripsi
- Publikasi tanpa melihat indeksasi

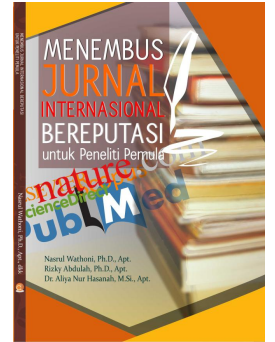
2011

- Publikasi scopus
- Penerbit india

## Lulus S3

2017

- Intropeksi diri
- Temukan jati diri
- Publikasi akhir dari sebuah proses



# Tips Singkat

Who Am I ?



Sistem



Lingkungan

# Flashback....



April 2014



Kumamoto University



Kumamoto Castle



Member Departemen Farmasi Fisika



# Places of Interest in Kumamoto



Mt. Aso



Explosion



Kurokawa Hot Spring

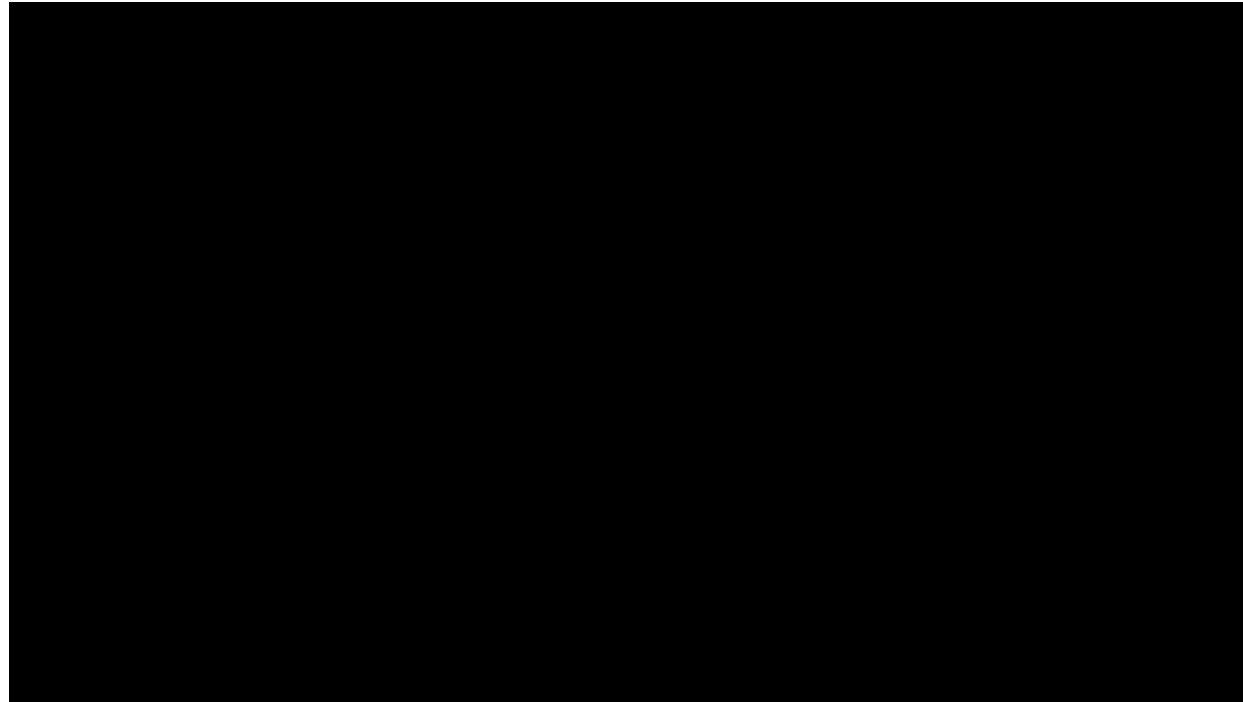


Suizenji Park



Tsujun Bridge

A megamolecular polysaccharide sacran was newly extracted from cyanobacterium *Aphanothece sacrum*.



**Aphanothece sacrum**



**Sacran**

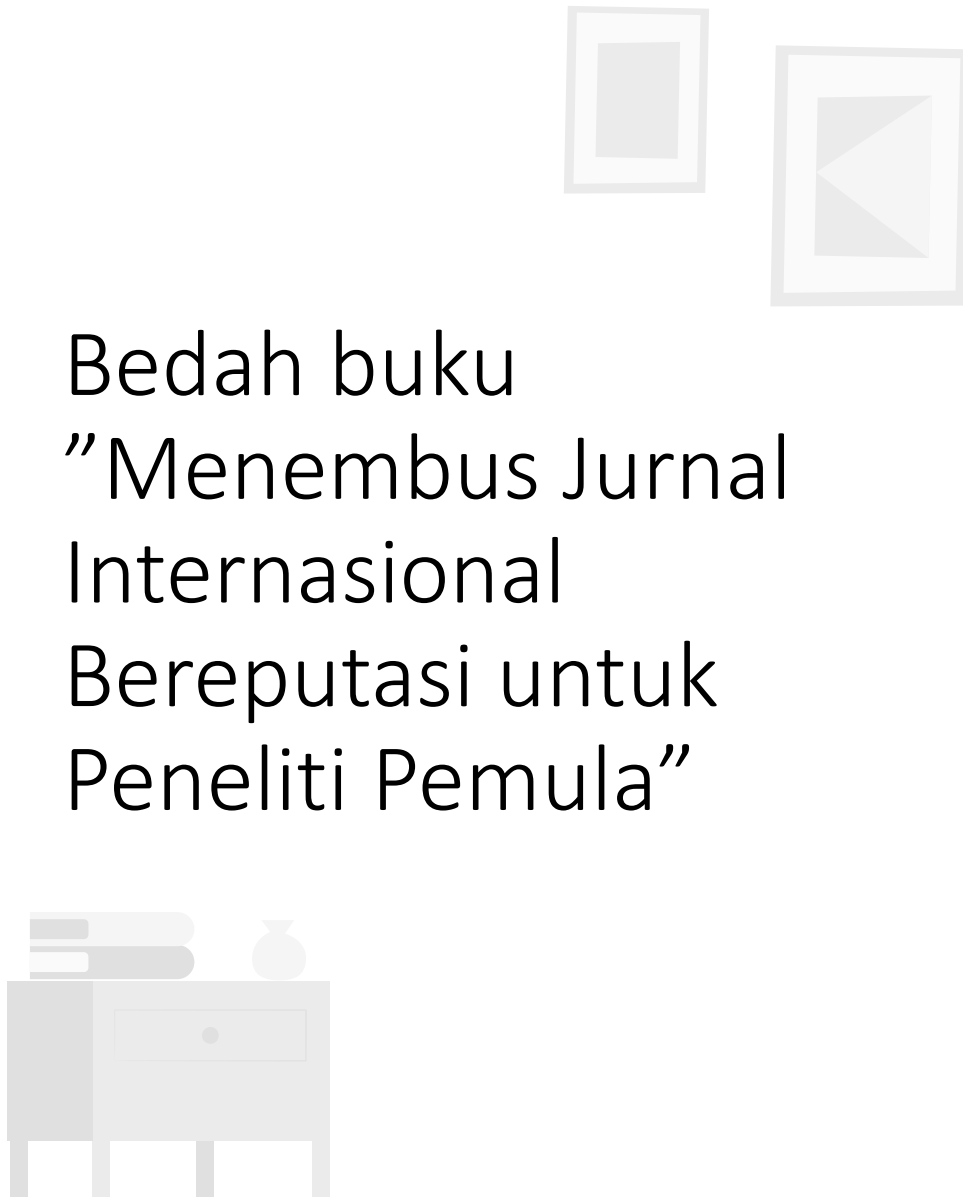


Sacran in cosmetics



**Properties of sacran :**

- ❖ a safe biomaterial
- ❖ a high moisturizing effect
- ❖ a formation of hydrogel
- ❖ a film-forming ability



Bedah buku  
”Menembus Jurnal  
Internasional  
Bereputasi untuk  
Peneliti Pemula”



# Outline

01

## Definisi Seni Menulis Artikel Ilmiah

Filosofi artikel ilmiah

02

## Mind Mapping

Peran penting mind mapping

03

## Research paper structure

Bagian artikel riset

## Mind Mapping and Writing Abstract Practice

Workshop

04

## Introduction to Mendeley

Pengenalan Mendeley

05

## Publication process

Proses publikasi yang panjang

06



# Jenis Artikel Ilmiah



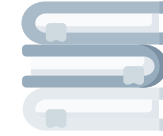
## Artikel Original

Menyediakan informasi baru berdasarkan hasil penelitian original



## Laporan Kasus

Deskripsi dari kasus tunggal dengan memiliki fitur yang unik.



## Catatan Teknis

Deskripsi dari teknik tertentu atau prosedur, modifikasi teknik yang ada, atau peralatan baru yang berlaku yang digunakan dalam penelitian.



## Artikel Komentari

Artikel pendek yang mengomentari artikel penelitian orang lain



## Esai Pictorial

Esai bergambar merupakan sebuah artikel pengajaran yang bergantung pada kualitas gambarnya.



## Review Artikel

Analisis rinci dari perkembangan terakhir mengenai topik tertentu



## Editorial

Editorial bisa merupakan kombinasi dari beberapa bentuk kategori.

(Ceh et al., 2008)

# Definisi Seni Menulis Artikel Ilmiah



Seni Mengukir



International Journal of Biological Macromolecules 88 (2017) 238–249

Contents lists available at ScienceDirect

International Journal of Biological Macromolecules

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Enhancement of curcumin wound healing ability by complexation with 2-hydroxypropyl- $\gamma$ -cyclodextrin in sacran hydrogel film

Nasrul Wathori<sup>a,b</sup>, Keiichi Motoyama<sup>a</sup>, Taisuke Higashi<sup>a</sup>, Makiko Okajima<sup>a</sup>, Tatsuo Kaneko<sup>a</sup>, Hirotoshi Aizawa<sup>a,d,\*</sup>

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**Article history:**  
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**Keywords:**  
Curcumin  
Hydroxypropyl- $\gamma$ -cyclodextrin  
Sacran hydrogel film

**ABSTRACT**

Curcumin is one of promising agents to accelerate the wound healing process. However, the efficacy of curcumin is limited due to its poor water solubility and stability. To enhance the permeability of curcumin, 2-hydroxypropyl- $\gamma$ -cyclodextrin (HP- $\gamma$ -CD) can be used through complexation. Herein, we reported that curcumin has the permeation from a hydrogel film (HGF) for animal dermal wound model. Therefore, in the present study, we investigated the wound healing ability of curcumin/HP- $\gamma$ -CD (Cur/HP- $\gamma$ -CD) complex in sacran-based HGF (Cur-HGF). We prepared the Cur/HP- $\gamma$ -CD complex in Cur-HGF in vitro and in vivo. In addition, the acute phase for use in the Cur/HP- $\gamma$ -CD complex in Cur-HGF were also used. In contrast, there are curcumin in Cur-HGF and curcumin/HP- $\gamma$ -CD physical model are in Cur-HGF based ultrathin porous fibers. In vivo, the Cur/HP- $\gamma$ -CD complex in Cur-HGF showed the higher wound healing ability in Cur-HGF compared to the Cur-HGF without complexation. Curcumin was gradually released from the HP- $\gamma$ -CD complex in Cur-HGF. Notably, the Cur/HP- $\gamma$ -CD complex in Cur-HGF provided the higher wound healing ability in human skin. These results suggest that the Cur/HP- $\gamma$ -CD complex in Cur-HGF has the potential for use as a novel functional therapeutic system to promote the wound-healing process. © 2017. Published by Elsevier B.V.

**1. Introduction**

Wound healing is a series of complex and sequential biological responses involving the four different phases, although none of the phases are partially overlapping. The first coagulation phase begins immediately after wounding by releasing clotting factors, platelet-derived growth factor, and transforming growth factor  $\beta$ , to initiate the repair process. Then, dermal and subcutaneous phases are initiated by angiogenesis for wound cleansing and developed under the influence of macrophages that release pro-inflammatory cytokines. In the third proliferative phase, fibroblasts, keratinocytes and granulate extracellular matrix (ECM) components in the presence of newly formed blood vessels. The final remodeling phase includes formation of cellular connective tissue and establishment of newly shaped epidermal [1–3]. However, an impaired healing process occurs in chronic wounds with a persistent inflammation, an insufficient ECM synthesis and neovascularization. An impaired healing process occurs after closed wounds due to macrophage apoptosis (M $\phi$ ) or senescence of growth factors of pro-inflammatory cytokines cause an impairment of wound healing [4]. Therefore, several drugs, with specific delivery systems have been extensively investigated to manage a balance by reducing the ROS levels at wound site.

Curcumin, a natural compound present in rhizome of Curcuma longa L., has several biological activities such as antioxidant, anti-inflammatory, anticancer and anti-infective effects [5]. In addition, curcumin exhibits the scavenging action against the peroxy radicals, and inhibits hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced damage to keratinocytes and fibroblasts [6,7]. However, the therapeutic efficacy of curcumin is limited due to its poor water solubility, photolability, poor bioavailability, and resistance to degradation [8,9]. Therefore, an appropriate solubility and stability of curcumin is required.

Cyclodextrin (CD), cyclic [1,4] linked oligosaccharides of  $\alpha$ -D-glucopyranose, have hydrophilic cavity exterior and

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E-mail address: aizawa@ipm.kanazawa-u.ac.jp (H. Aizawa).

http://dx.doi.org/10.1016/j.ijbiomac.2017.01.048  
0142-3542/2017 Published by Elsevier B.V.

Seni Menulis

# Abstrak dan Trailer Film



**Enhancement of curcumin wound healing ability by complexation with 2-hydroxypropyl- $\gamma$ -cyclodextrin in sacran hydrogel film**

Nasrul Wathoni<sup>1,2</sup>, Keiichi Motoyama<sup>3</sup>, Taishi Higashi<sup>4</sup>, Maiko Okajima<sup>5</sup>, Tatsuo Kaneko<sup>1</sup>, Hirotoshi Aizawa<sup>1,4,5\*</sup>

<sup>1</sup> Graduate School of Materials of Kitano, Kansai University, 3-3-1 Kitano-ku, Suita City, Osaka 565-0871, Japan  
<sup>2</sup> Faculty of Pharmacy, Muhammadiyah University, Palembang, 30132, Indonesia  
<sup>3</sup> Japan Advanced Institute of Science and Technology (JAIST), 1-1-1 Higashi, Mito-shi, Ibaraki 305-8565, Japan  
<sup>4</sup> Department of Chemistry, Faculty of Science, Kansai University, Suita City, Osaka 565-0871, Japan  
<sup>5</sup> Program for Leading Graduate Schools "Material Science, Interdisciplinary and Global-Oriented (M2G) Program", Kansai University, Japan

**ARTICLE INFO**

**Article history:**  
 Received 15 November 2017  
 Received in revised form 10 January 2018  
 Accepted 11 January 2018  
 Available online 2 February 2018

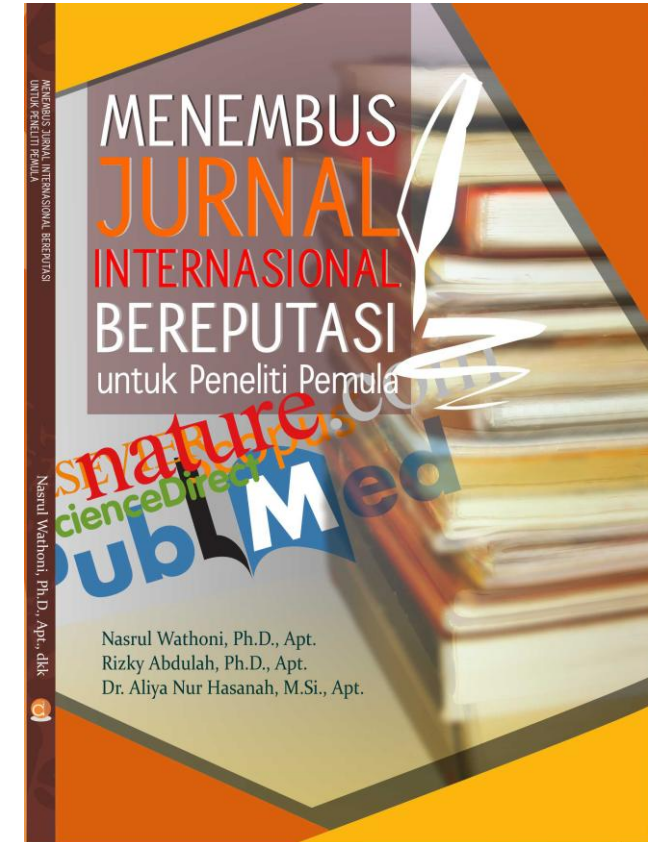
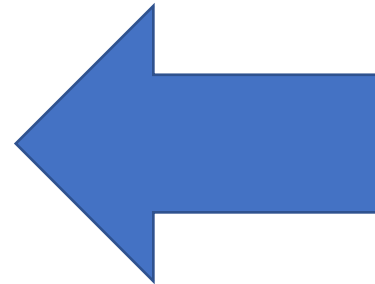
**Keywords:**  
 Hydroxypropyl- $\gamma$ -cyclodextrin  
 Curcumin  
 Wound healing

**ABSTRACT**

Curcumin is one of promising agents to accelerate the wound healing process. However, the efficacy of curcumin is limited due to its poor water solubility and stability. To enhance the permeability of curcumin, 2-hydroxypropyl- $\gamma$ -cyclodextrin (HP- $\gamma$ -CD) can be used through complexation. However, we suspected that curcumin has the potential to form hydroxypropyl- $\beta$ -cyclodextrin (HP- $\beta$ -CD) as a novel delivery material. Therefore, in the present study, we investigated the wound healing ability of curcumin/HP- $\gamma$ -CD (Cur/HP- $\gamma$ -CD) complex in sacran-based HP- $\gamma$ -CD-HSA. We prepared the Cur/HP- $\gamma$ -CD complex in cur-HP- $\beta$ -CD without additional reagents. Additionally, the cross-linked form in the Cur/HP- $\gamma$ -CD complex in cur-HP- $\beta$ -CD were also studied. In contrast to the curcumin in cur-HP- $\beta$ -CD and curcumin/HP- $\gamma$ -CD physical mixtures in cur-HP- $\beta$ -CD, the novel hydroxypropyl- $\beta$ -cyclodextrin complexation of curcumin. Furthermore, HP- $\gamma$ -CD played an important role to increase the elastic modulus of the Cur-HP- $\beta$ -CD with high crosslinking ability. The Cur/HP- $\gamma$ -CD complex in Cur-HP- $\beta$ -CD maintained and stable properties in curcumin. Curcumin was gradually released from the HP- $\gamma$ -CD complex in Cur-HP- $\beta$ -CD. Notably, the Cur/HP- $\gamma$ -CD complex in Cur-HP- $\beta$ -CD provided the higher wound healing ability in human skin. These results suggest that the Cur/HP- $\gamma$ -CD complex in Cur-HP- $\beta$ -CD has the potential to serve as a novel transdermal drug delivery system to promote the wound healing process.  
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# Filosofi Artikel Ilmiah



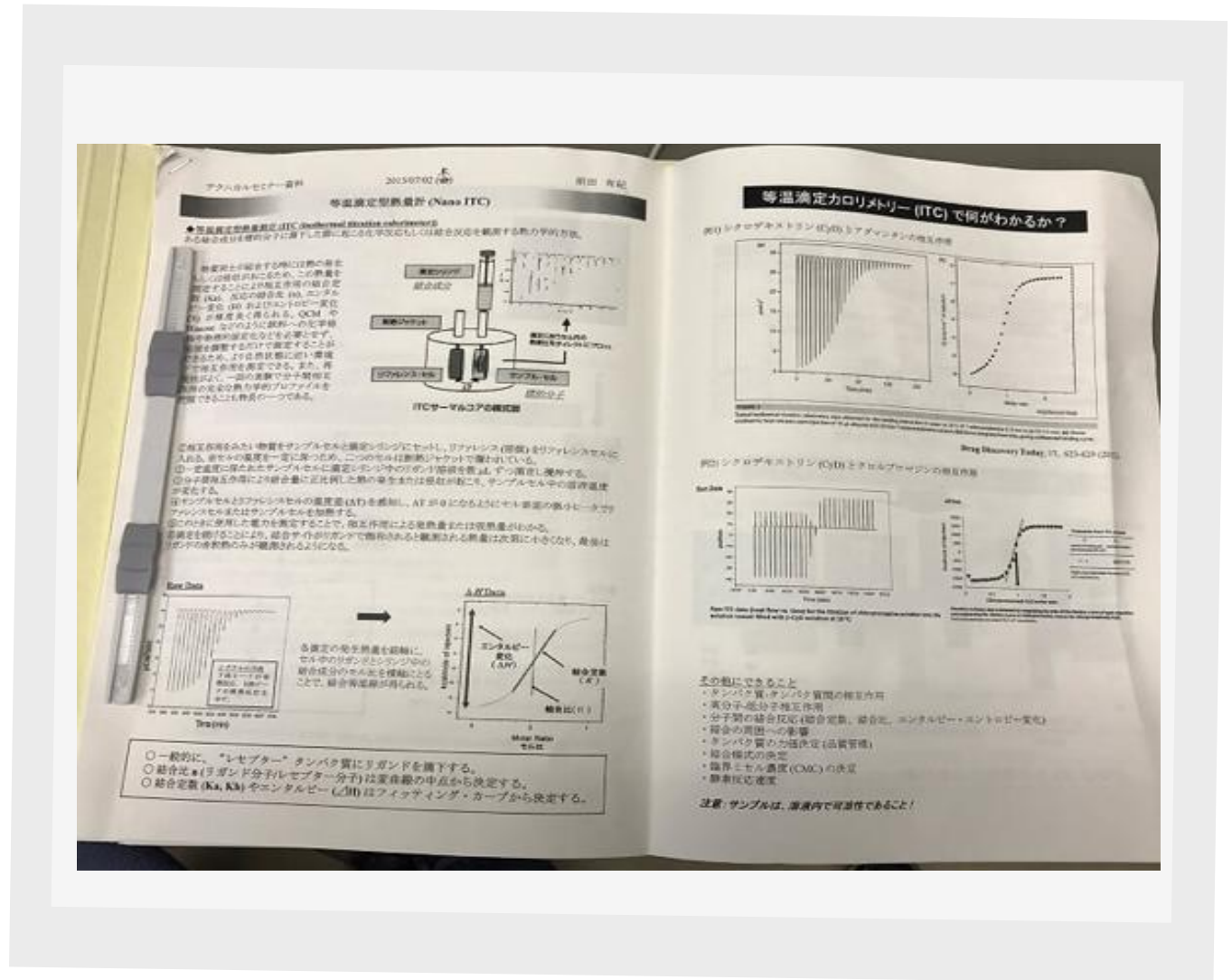
# Hal yang sebaiknya disiapkan sebelum publikasi



- Mengelola Standar Operasional Prosedur
- Menyiapkan log book penelitian yang baik
- Mengolah data dengan aplikasi statistik
- Manajemen pengelolaan file digital
- Pelaporan dan diskusi rutin
- Unifikasi dan konsistensi format tulisan dan gambar
- Presentasi artikel ilmiah

# Mengelola Standar Operasional Prosedur (SOP)

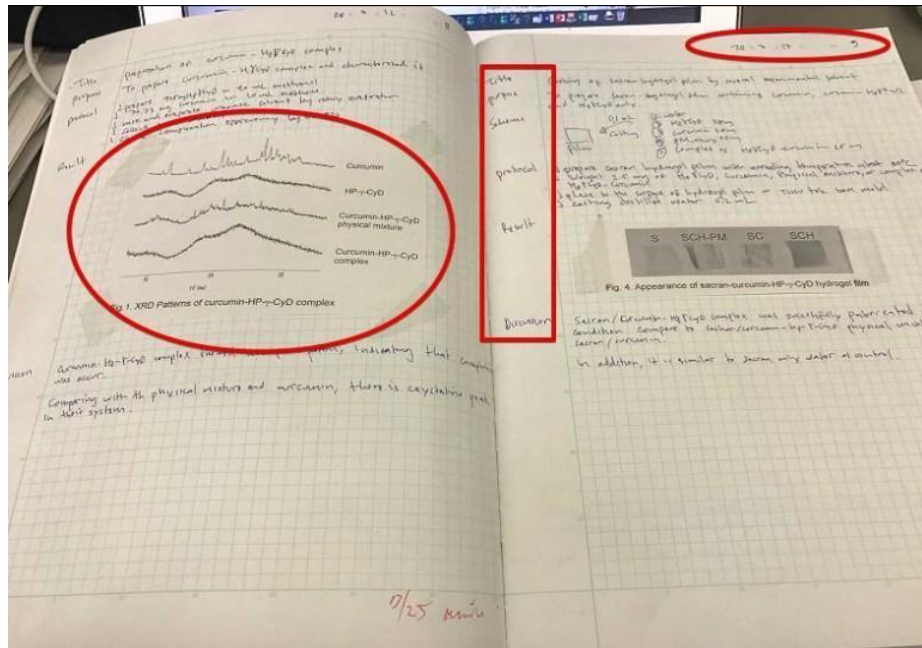
Proses penelitian mandiri yang mengarah ke publikasi internasional agar bisa dilakukan berulang dengan kualitas terjaga diperlukan SOP



Contoh SOP Penggunaan Alat di Jepang

# Menyiapkan log book penelitian yang baik

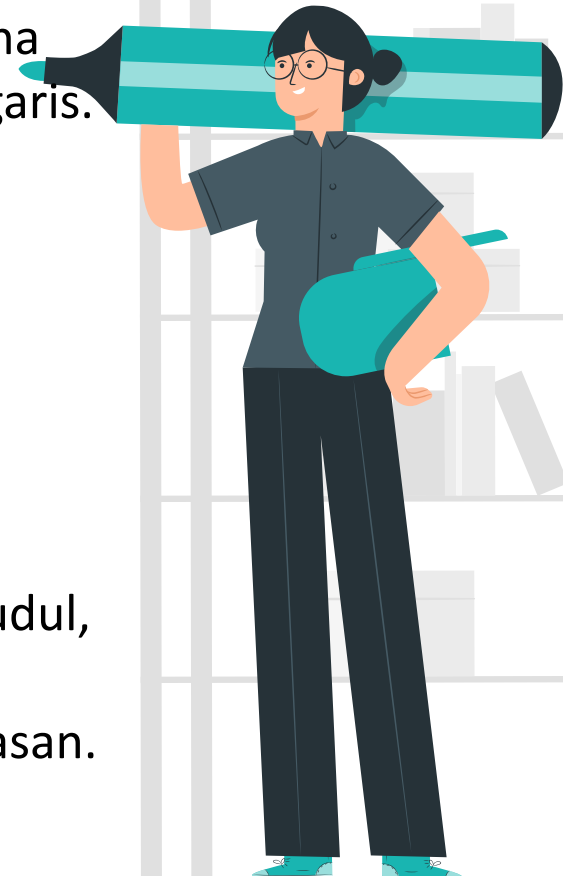
Catatan harian penelitian yang dikenal dengan *log book* penelitian penting untuk dibuatkan standar format penulisannya.



Log book penelitian bisa dibuat sesederhana mungkin dan bisa ditulis di buku polio bergaris.

Log book penelitian biasanya berisi:

- Di cover depan tertulis: nama peneliti, judul dan tahun penelitian;
- Di bagian atas setiap halaman tertulis: nomor dan tanggal percobaan;
- Di bagian isi setiap halaman tertulis: judul, tujuan, skema dan prinsip, protokol percobaan, hasil, diskusi dan pembahasan.

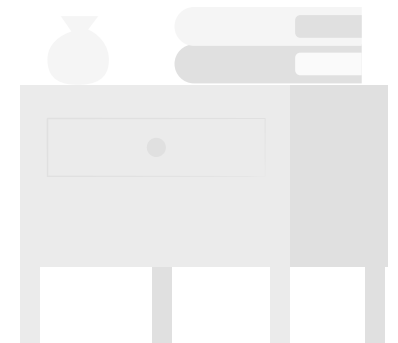
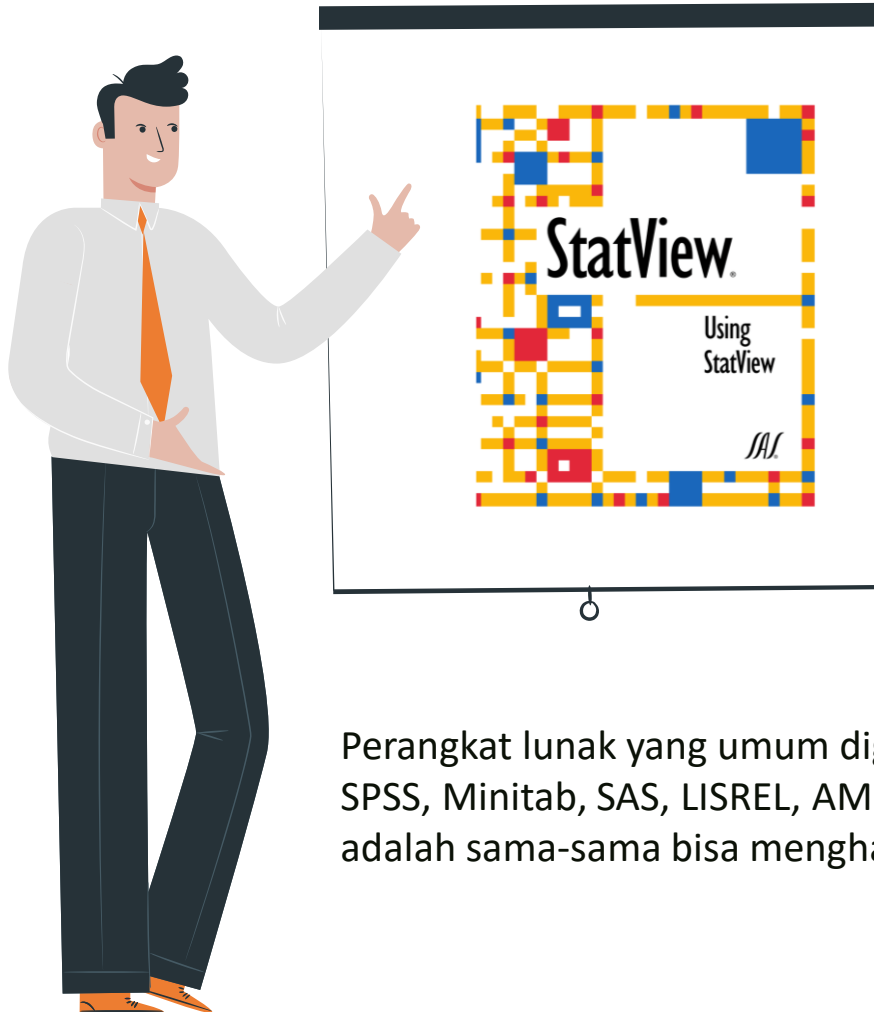


# Mengolah data dengan aplikasi statistik

Analisis statistik merupakan hal mendasar untuk semua percobaan yang menggunakan statistik sebagai metodologi penelitian.

analisis statistik mutlak diperlukan dalam publikasi di jurnal internasional terutama untuk mendapatkan data signifikansi *p-value*.

Perangkat lunak yang umum digunakan saat ini diantaranya adalah SPSS, Minitab, SAS, LISREL, AMOS, dan StatViews. Pada prinsipnya adalah sama-sama bisa menghasilkan grafik *p-value* atau multivarian.



# Manajemen pengelolaan file digital

Beberapa penyedia seperti Onedrive dari Microsoft, Google Drive dari Google, i-cloud dari Apple, Dropbox, dan lainnya.

01



*Backup online dan integrasikan dengan Personal Computer (PC)*

Download dan install di PC

02



*Simpan dan susun rapi dalam folder khusus*

Buat folder yang rapih

03



*Sistem penamaan dan keamanan file yang baik*

Berbasis tanggal revisi. Pengaturan sharing file.



Google Drive

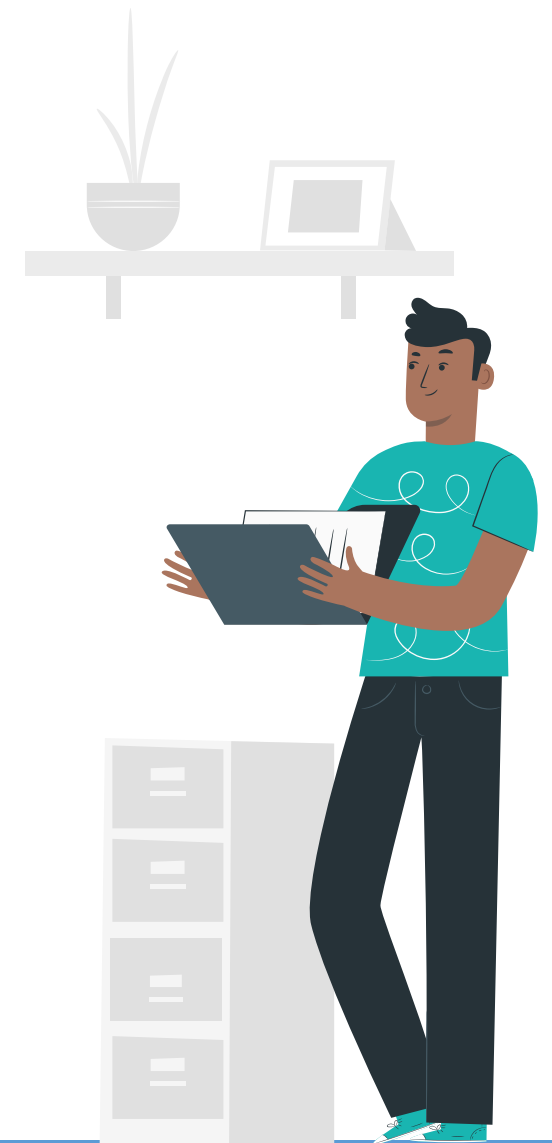


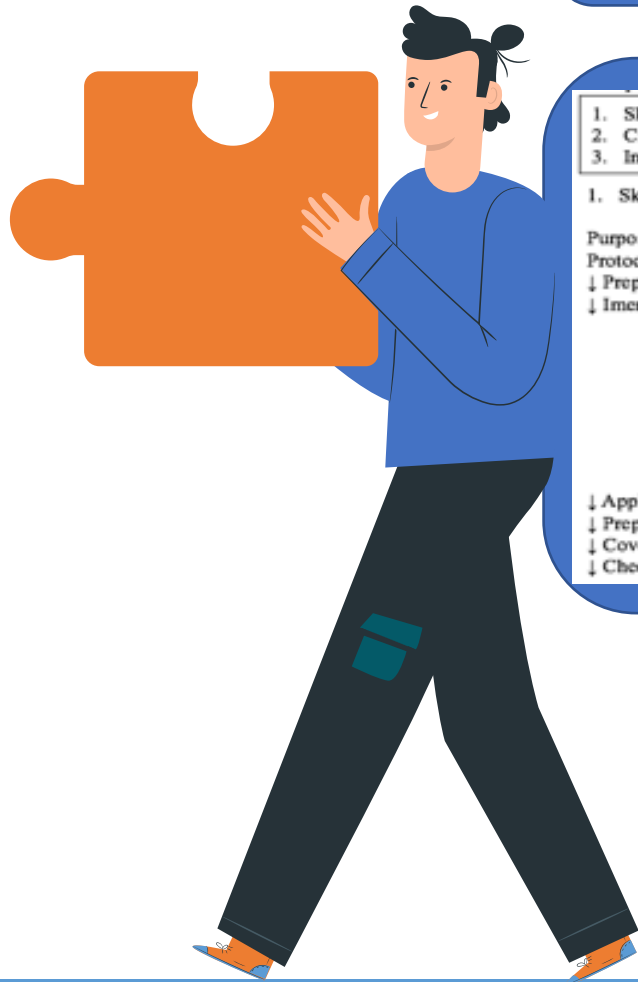
# Pelaporan dan diskusi rutin

Diskusi perkembangan penelitian secara rutin kepada pembimbing atau dengan para peneliti lainnya. Diskusi ini bisa mingguan, bulanan, atau bahkan periode tertentu terutama bagi penelitian berbasis hibah dari institusi tertentu

Laporan kemajuan sebaiknya telah dalam bentuk gambar dengan standar publikasi di jurnal internasional yang bereputasi atau ditargetkan.

Hal ini akan memudahkan untuk tahapan berikutnya, seperti pembuatan poster penelitian, slide presentasi dan artikel ilmiah. Tentunya setiap institusi akan memiliki standar yang berbeda dalam membuat laporan kemajuannya.





1<sup>st</sup> week report August 8, 2016 Nasrul

Topic :  
 Title :  
 Purpose :

1. Skin hydration study of sacran hydrogel films with and without  $\gamma$ -CyD
2. Cytotoxicity assay of sacran hydrogel films with and without  $\gamma$ -CyD
3. In vivo wound healing study of sacran hydrogel films with and without  $\gamma$ -CyD

1. Skin hydration study of sacran/ $\gamma$ -CyD and sacran without  $\gamma$ -CyD hydrogel films

Purpose : To examine the effect of  $\gamma$ -CyD in sacran hydrogel films on skin hydration

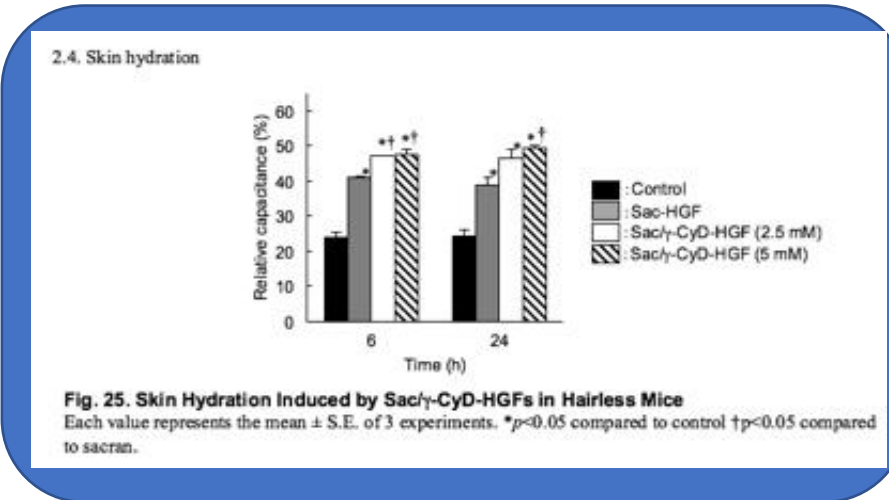
Protocol :

- ↓ Prepare 12 hairless mice (male, 12 weeks, Hos:HR-1 (SPF))
- ↓ Immerse 1.5 cm x 1.5 cm of hydrogel films in 5 mL of distilled water for 1 h

Table 1. Preparation of Sacran/ $\gamma$ -CyD

Hydrogel films	Conc. of sacran (% w/v)	Conc. of $\gamma$ -CyD (mM)
Sacran	0.5	-
Sacran/ $\gamma$ -CyD	0.5	2.5
Sacran/ $\gamma$ -CyD	0.5	5

- ↓ Apply swollen sacran hydrogel films on dorsal site of mice skin (n=3)
- ↓ Prepare control mice without treatment (n=3)
- ↓ Cover with the plastic wrap and followed by adhesive bandage (3M)
- ↓ Check the moisture content (MY-808S; Scalar, Tokyo, Japan) at 12 and 24 h



Future plan :

Third title (S...):

1. SEM characterization
2. Stability study
3. *In vivo* wound healing study
  - Wound closure
  - Histology/re-epitelization
  - The tissue-associated myeloperoxidase (MPO) assay to quantitate the degree of inflammatory infiltration in the wounds

August  
 September

Fourth title

# Contoh format laporan kemajuan

# Unifikasi dan konsistensi format tulisan dan gambar



## 01. Font

Gunakan font yang seragam

## 02. Legend

Penjelasan metode di keterangan gambar.

## 03. Diagram

Sumbu x dan y, inner box atau outer

## 04. Warna

Pilih grey scale, unifikasi symbol.

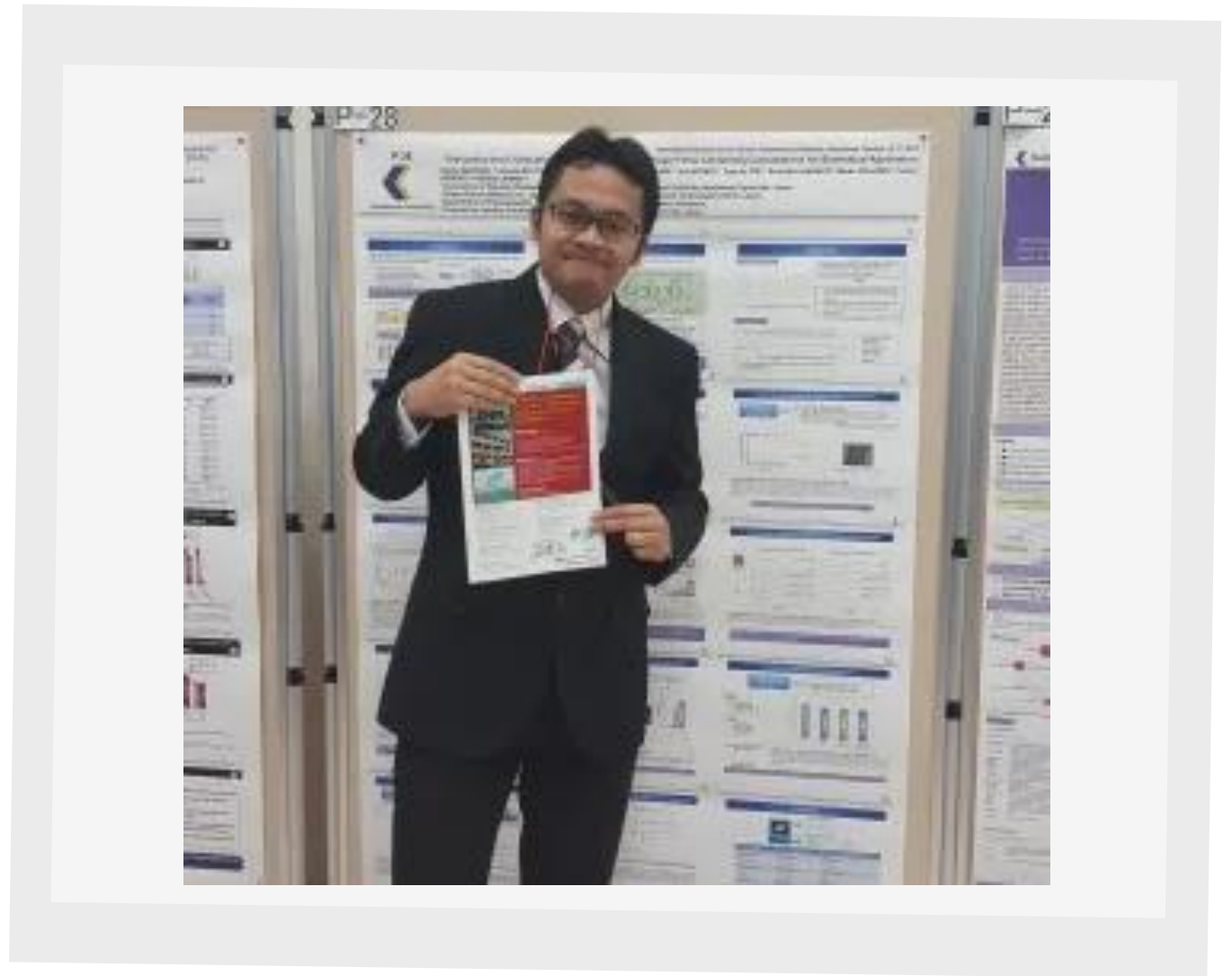
# Mengkaji dan presentasi artikel ilmiah

Tanpa disadari, presentasi adalah sebuah proses yang perlu dilakukan untuk mengetahui dan merasakan seberapa dalam sebuah penelitian dalam jurnal bereputasi, maka harus mencoba membaca dan mendalami serta mempresentasikan dalam sebuah kegiatan rutin di laboratorium yang dinamakan "paper seminar" atau seminar tinjauan artikel ilmiah.





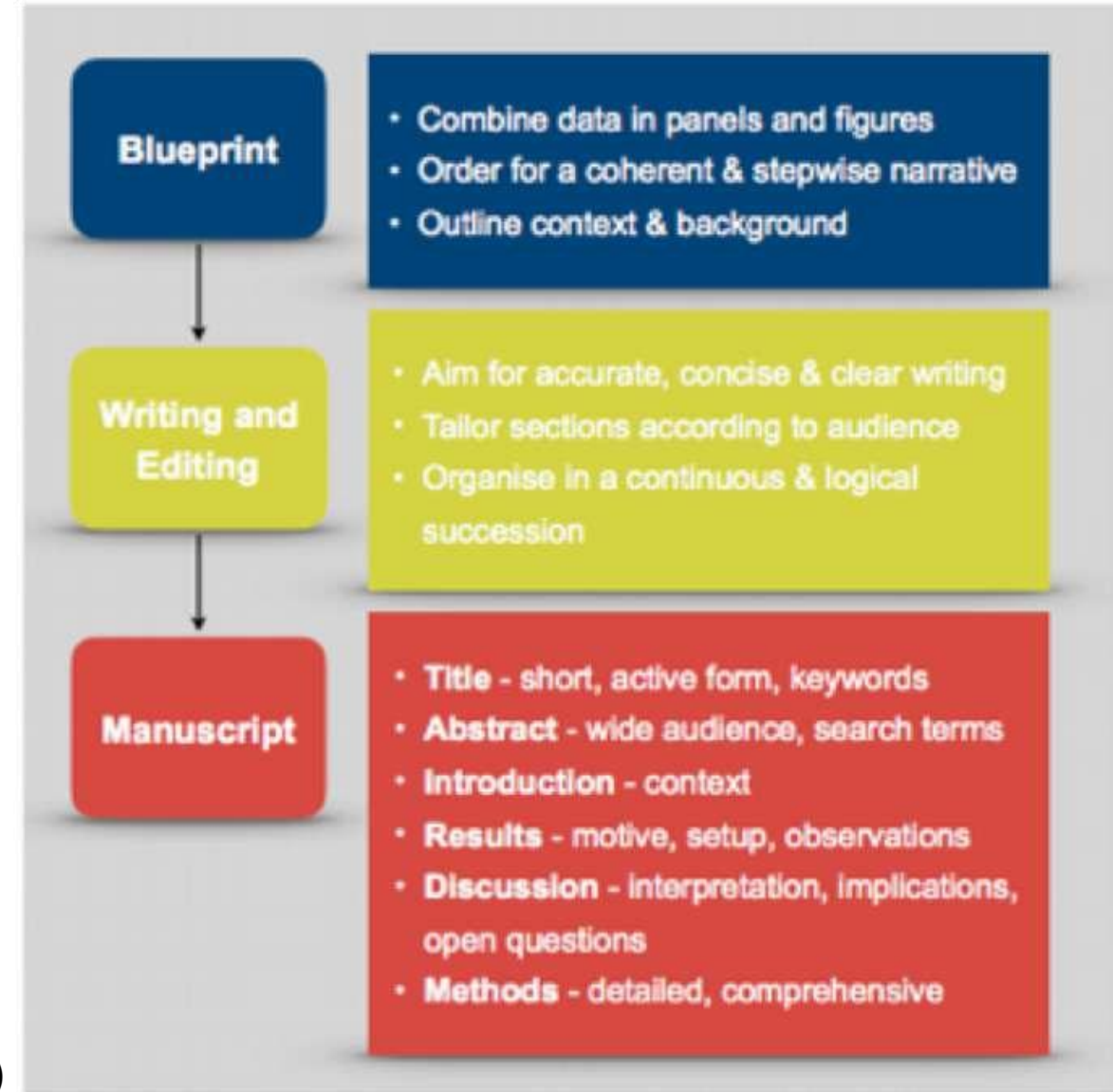
# Presentasi poster atau oral

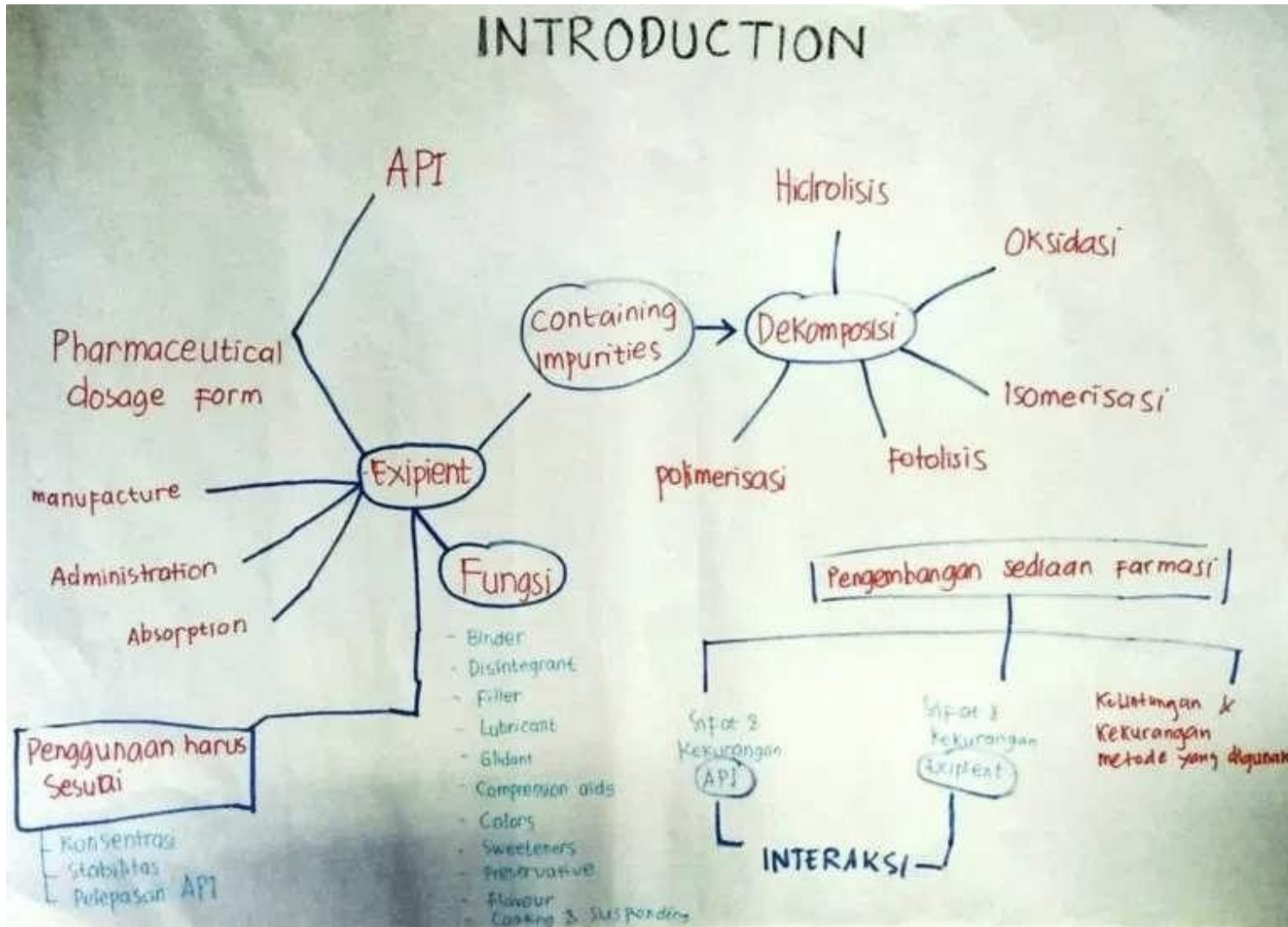


## 2. Mind Mapping /Blueprint

1. Kumpulkan semua data dan gambar hasil eksperimen
2. Susun sesuai alur cerita atau mind mapping, sehingga koheren dan bertahap beralur
3. Identifikasi permasalahan yang akan dijawab yang akan dibahas di latar belakang
4. Mulai menulis, organisir data, analisis,
5. Tentukan judul
6. Tentukan abstrak

(Gemayel, 2016)





Contoh mind mapping



# 3. Research paper structure



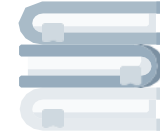
## Tentukan jurnal

Pilih dan tentukan jurnal yang dituju



## Judul manuskrip

Setelah menentukan mind mapping mulai menulis



## Abstrak

Abstrak sebaiknya didahulukan dibuat disesuaikan dengan mind mapping



## Pendahuluan

Buat sesuai mind mapping yang telah ditentukan.



## Metode dan Bahan

Tuliskan metode dengan jelas dan bahan yang digunakan sumbernya jelas.



## Hasil dan Pembahasan

Analisi data.



## Kesimpulan

Kesimpulan yang tepat

(Ceh et al., 2008)

# Tentukan jurnal Terakreditasi



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No	Journal Name	Impact ↑	H5-Index	Citations (5 Years)	H-Index	Citations
1	Majalah Farmasetika Universitas Padjadjaran   ISSN : 26862506   PISSN : <span>S3</span> <span>GARUDA</span>	0.41	6	122	6	124

Page 1 of 1 | Total Records : 1

Simlitabmas Arjuna Garuda Rama Anjani IdMenulis PDDIKTI Risbang

<http://nazroel.id/2020/09/17/daftar-jurnal-ilmiah-terakreditasi-sinta-periode-2-tahun-2020/>

# Tentukan jurnal

<https://nazroel.id/2017/09/16/cara-mudah-memilih-jurnal-internasional-terindeks-scopus-dengan-scimagojr/>

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  - Aims and scope
  - Guide for Author/Intruccion fo Author
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Title	Type	SJR	H Index	Total Docs. (2016)	Total Docs. (5years)	Total Refs.	Total Cites (5years)	Citation Docs. (5years)	Cites / Doc. (5years)	Ref. / Doc.
1 CA - A Cancer Journal for Clinicians	journal	39,285	131	43	141	3503	11929	118	128.75	11.47
2 Nature Reviews Genetics	journal	33,218	292	166	615	1029	7331	163	39.69	48.37
3 Nature Reviews Immunology	journal	29,692	316	146	581	7710	8256	165	56.47	32.87
4 Nature Reviews Molecular Cell Biology	journal	28,656	352	152	635	9128	8190	214	45.11	60.05

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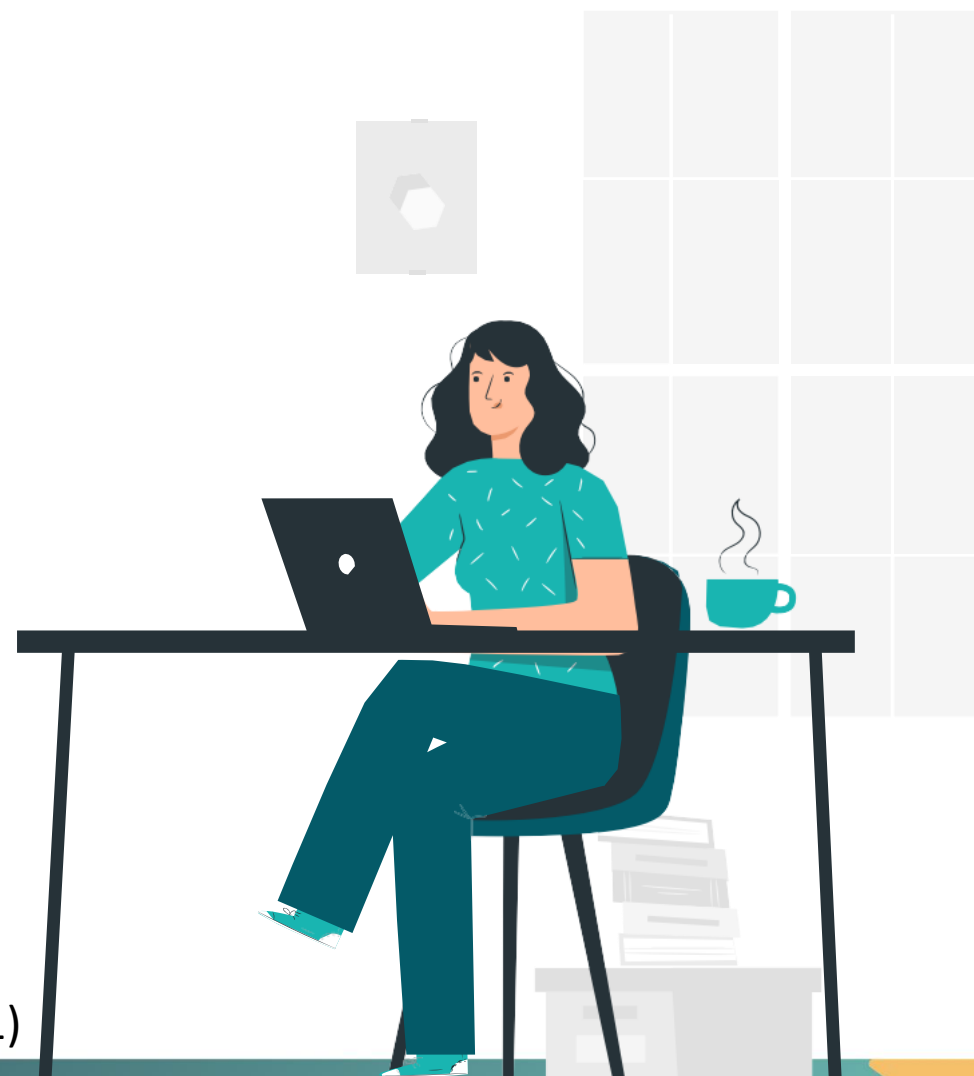
Source title ↓ CiteScore ↓ Highest Citations Documents % Cited ↓

# Menentukan judul

Jamali *et al.* meringkas dari 13 tipe judul menjadi tiga jenis tipe judul yang sering digunakan, yakni:

- a. Judul deklaratif, menyatakan temuan utama atau kesimpulan (misalnya, *'Enhancing Effect of  $\gamma$ -Cyclodextrin on Wound Dressing Properties of Sacran Hydrogel Film'*);
- b. Judul deskriptif, menggambarkan subyek artikel tetapi tidak mengungkapkan kesimpulan utama (misalnya, *'The effects of family support on patients with dementia'*);
- c. Judul interogatif, memperkenalkan subjek dalam bentuk pertanyaan (misalnya, *'Engineering poly(ethylene oxide) buccal films with cyclodextrin: a novel role for an old excipient?'*).

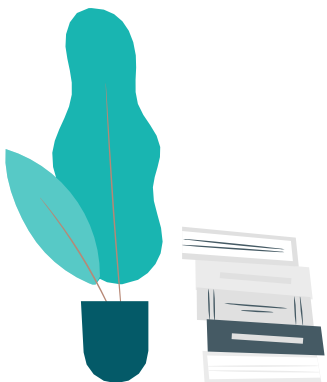
(Jamali *et al.*, 2011)



# Membuat abstrak

Beberapa ketentuan umum dalam membuat abstrak :

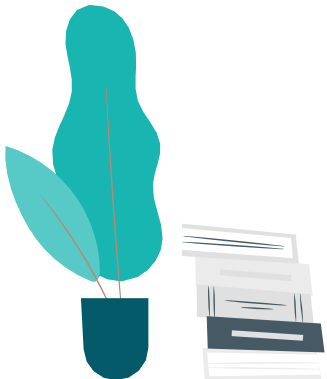
- a. Jumlah kata mengikuti aturan penulisan di jurnal yg dituju, umumnya sekitar 250 kata;
- b. Pilih gaya Bahasa Inggris British atau Inggris Amerika, harus konsisten;
- c. Terdiri dari introduksi/pendahuluan, tujuan penelitian, metode, hasil dan pembahasan (jika perlu), kesimpulan;
- d. Tenses, introduksi = present tense, tujuan penelitian = metode = hasil = past tense, kesimpulan = present tense.



# Membuat abstrak

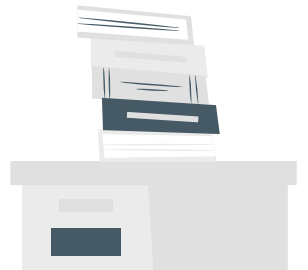
Pendahuluan :

*A wound dressing is one of the essential approaches for preventing further harm to cutaneous wounds as well as promoting wound healing. Therefore, to achieve ideal wound healing, the development of advanced dressing materials is necessary.*



Tujuan :

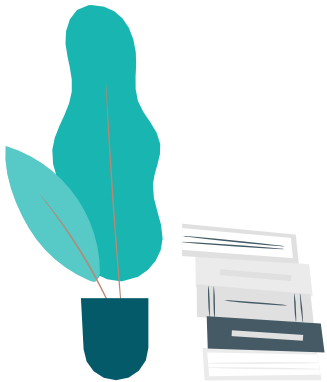
*Recently, we revealed that a novel megamolecular polysaccharide, sacran, has potential properties as a biomaterial in a physically cross-linked hydrogel film (HGF) for wound dressing application. In this study, to enhance the wound-healing properties of sacran hydrogel film (Sac-HGF) further, we fabricated and characterized novel Sac-HGFs containing cyclodextrins (CyDs).*



# Membuat abstrak

Metode dan Hasil :

*The sacran/ $\alpha$ -CyD film (Sac/ $\alpha$ -CyD-HGF) and sacran/ $\gamma$ -CyD HGF (Sac/ $\gamma$ -CyD-HGF), but not sacran/ $\beta$ -CyD HGF (Sac/ $\beta$ -CyD-HGF), were well prepared without surface roughness. Powder X-ray diffraction (XRD) patterns of the Sac/ $\gamma$ -CyD-HGFs showed a totally amorphous state compared to that shown by Sac/ $\gamma$ -CyD-HGFs. Furthermore, the addition of  $\gamma$ -CyD to Sac-HGFs significantly increased the swelling ratio, porosity, and moisture content of the HGFs, compared to those of the Sac-HGF without CyDs. The Sac/ $\gamma$ -CyD-HGFs were not cytotoxic against NIH3T3 cells, a murine fibroblast cell line. Notably, the Sac/ $\gamma$ -CyD-HGFs significantly improved wound healing in mice, compared to that achieved with the Sac-HGF without  $\gamma$ -CyD.*



Kesimpulan :

*These results suggest that  $\gamma$ -CyD has the potential to promote the wound healing ability of Sac-HGF.*



# Membuat pendahuluan

Menurut Caroline *et al*, pendahuluan biasanya dapat diatur dengan cara berikut:

Paragraf 1: Kontekstual. Jelaskan mengapa penelitian ini penting untuk kesehatan masyarakat, ilmu pengetahuan, atau teknologi; Memberitahu pembaca mengapa topik ini adalah salah satu yang penting untuk dipelajari.

Paragraf 2: Kesenjangan. Jelaskan apa yang ada dalam basis pengetahuan bahwa penelitian ini dirancang untuk mengatasinya; Jelaskan secara ilmiah adanya kekurangan dalam pengetahuan atau kontroversi bahwa penelitian ini berusaha untuk mengisi atau memecahkannya.

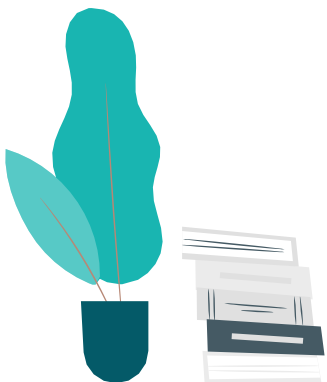
Paragraf 3: Hipotesis yang diuji. Jelaskan apa yang ditetapkan untuk dilakukan dan mengapa (apa hipotesis yang akan diuji?).

(Caroline *et al*, 2016)



# Tips Membuat pendahuluan

- Cari kata kunci yang merupakan tema yang saling terhubung nantinya, dengan kata lain membuat skenario inti dari pendahuluan;
- Dari kata kunci, cari sumber *up to date*, masalah dan jawaban;
- Gunakan amunisi referensi manajer;
- Aktifkan *automatic english checker* dan *theasurus*, serta belajar *pharaprasing*;
- Gunakan kata sambung antar kalimat.



## 1. Introduction

The thin hydrogel films consisting of water-swollen polymer networks have attracted a lot of attentions in the last few decades because of excellent properties like stimuli-responsive behavior, macroporous structure, and molecularly imprinted polymers [1-3]. Additionally, it can potentially be used in several biomedical applications, outstandingly in wound dressing application [4,5]. Wound dressings are essential in wound healing therapy due to the moisturizing effect to avoid not only tissue dehydration but also cell death in regeneration during repairing of dermal and epidermal tissues [6-8].

In general, the ideal properties of wound dressing materials must be biocompatible, non-irritating, non-toxic and suitable mechanical properties as well as the moisturizing ability for skin [9].

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E-mail addresses: arimah@gpo.kumamoto-u.ac.jp, arimah@hid.bbq.jp (H. Arima).

Furthermore, wound dressing materials need various properties, depending on the type of wound [10]. For instance, in open wound, the dressing materials having more porous structures and swelling abilities are promising. Meanwhile, in closed wound, the durable dressing materials are important [11].

Many hydrogel films are prepared by chemical or physical crosslinking method to obtain the ideal hydrogel film properties. A highly elastic and durable polyvinyl alcohol (PVA) hydrogel films were successfully fabricated by a chemical crosslinking method using potassium persulphate as a crosslinker [12]. The similar properties also appeared in pullulan/polyvinyl alcohol (PVA) blend films which were prepared by casting the polymer solution in dimethyl sulfoxide and using glyoxal as chemical crosslinkers [13]. However, organic solvents and crosslinkers are potentially hazardous to the body [14]. Meanwhile, the physical crosslinking does not require the addition of hazardous chemical crosslinkers. The hydrogel films prepared physically with sodium alginate (Na-alginate) as a matrix agent and propylene glycol as a plasticizer were successfully developed by Aktar et al. [15]. Moreover, the addition of propylene glycol in hydrogel films composed of pectin improved

(Caroline et al, 2016)



# Membuat metode dan bahan

Ada 2 tipe penempatan bagian bahan dan metoda, yakni setelah pendahuluan dan di bagian akhir artikel sebelum daftar pustaka. Alat instrumen yang digunakan, biasanya dicantumkan seketika dijelaskan di metode.

Hal yang perlu diperhatikan di bagian bahan adalah:

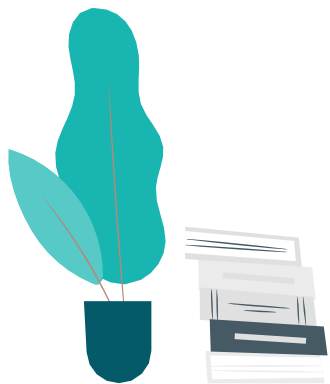
- a. Sumber didapatkan bahan penelitian, termasuk kota dan negara;
- b. Gunakan kalimat bentuk pasif dengan *past tenses* (lampau);
- c. Kata kerja yang digunakan cari kata sinonim seperti *afforded*, *purchased*, *obtained*, *acquired*, *procured* dan lainnya;
- d. Satu kata kerja satu bahan yang sejenis.
- e. Jenis bahan yang spesifik perlu dijelaskan, misalnya pro analysis, persen kemurnian, dan lainnya.



# Membuat metode dan bahan

## *Materials*

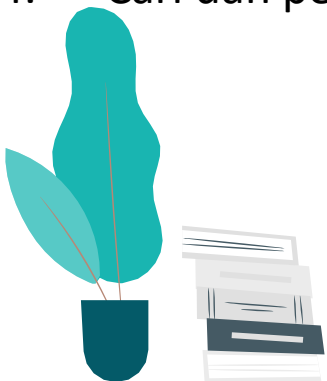
*The sacran used in this study was kindly provided by Green Science Material (Kumamoto, Japan) while a-CyD, b-CyD, and g-CyD were a kind gift from Nihon Shokuhin Kako (Tokyo, Japan). NIH3T3 cells, a murine fibroblast cell line, were procured from Riken Bioresource Center (Tsukuba, Japan). Dulbecco's modified Eagle's medium (DMEM) and fetal bovine serum (FBS) were purchased from Nissui Pharmaceuticals (Tokyo, Japan) and Nichirei (Tokyo, Japan), respectively.*



# Membuat metode dan bahan

Hal yang perlu diperhatikan di bagian alat dan metode penelitian:

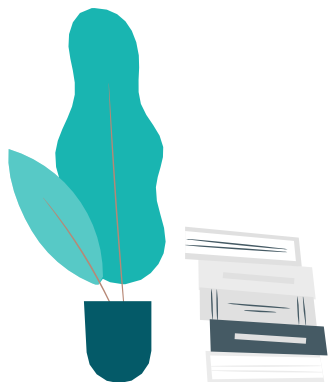
- a. Produsen atau model, kota dan negara pembuat alat instrumennya;
- b. Metode penelitian harus singkat, padat, dan jelas;
- c. Cantumkan referensi jika merujuk dan memodifikasi ke penelitian sebelumnya;
- d. Metode penelitian yang sama dan telah dipublikasikan sebelumnya, tidak harus dijelaskan secara detil;
- e. Tenses yang digunakan adalah bentuk lampau (past tenses);
- f. Cari dan pelajari gaya penulisan pada metode yang mirip di berbagai jurnal yang telah dipublikasikan.



# Membuat metode dan bahan

## Methods

*Sacran hydrogel film was prepared by a solvent-casting method referred to Okajima et al. Briefly, sacran (0.5% (w/v)) was mixed and dissolved in 50 mL of distilled water as shown in Fig. 1. Sacran solutions were placed for 24 h at 80°C. Then, sacran solutions were poured into the polypropylene boxes (5 x 5 x 4 cm<sup>3</sup>) and dried for 48 h at 60°C (EYELA SLI-600ND, Tokyo, Japan). After forming the films, they were heated for 2 h at 110°C (EYELA NDO-401, Tokyo, Japan) to obtain sacran hydrogel films. A Na-alginate (0.5% (w/v)) hydrogel film was also prepared as comparison with the same protocol.*



# Hasil dan Pembahasan

Pada umumnya ada 2 tipe format penulisan untuk hasil dan pembahasan. Pertama hasil dan pembahasan disatukan, kedua dipisahkan. Tipe disatukan lebih mudah dibanding dengan dipisah, untuk yang dipisah perlu teknik pembahasan yang lebih mendetil.

Hasil dan diskusi setiap paragraf biasanya berisi topik seperti ini:

- Sedikit bercerita latar belakang dilakukan eksperimennya (tulisan biru);
  - Apa tujuan eksperimen (merah);
  - Sedikit ceritakan kembali metode eksperimennya (oranye);
  - Ceritakan hasil (kuning);
  - Bahas terkait hasil penelitiannya, jika perlu sitasi pustaka lainnya (hijau);
- Kesimpulan (bagian akhir paragraf).

### 3.4. *In vivo* skin hydration study of Sac/ $\gamma$ -CyD-HGFs

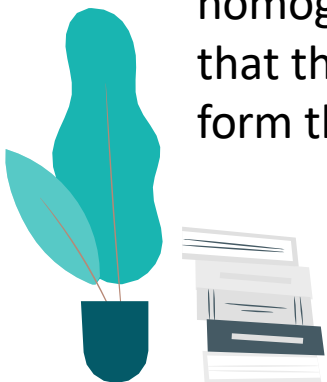
The wound healing process can be improved by maintaining a moist wound environment, which inhibits dehydration, promotes angiogenesis, induces collagen synthesis, and enhances the breakdown of dead tissue and fibrin [34,35]. Therefore, to investigate the effect of  $\gamma$ -CyD on the moisture-retaining effect of the Sac-HGFs on the skin, we evaluated the skin hydration after treating the hairless mice with the Sac/ $\gamma$ -CyD-HGFs. The presence of  $\gamma$ -CyD in Sac-HGFs maintained the moist skin environment of the treated mice for 24h compared to the untreated control mice (Fig. 4). In addition, the moisture content of the Sac/ $\gamma$ -CyD (5 mM) was approximately  $47.17 \pm 0.66\%$ , and significantly higher than that of the Sac-HGF without  $\gamma$ -CyD (Fig. 4). These results corroborate the porosity study, which showed that the addition of  $\gamma$ -CyD to Sac-HGFs increased the swelling ratio and water-loading capability. Furthermore, we selected the Sac-HGFs containing 5 mM  $\gamma$ -CyD for the *in vivo* wound healing study because of its excellent skin hydrating properties.

# Hasil dan Pembahasan Dipisah

Bagian hasil disebutkan terlebih dahulu dengan membahas hasil percobaan/eksperimen satu persatu. Biasanya bagian hasil akan memuat introduksi atau latar belakang mengapa dilakukan percobaan, tujuan percobaan, metode percobaan, hasil percobaan, kesimpulan singkat.

## Physicochemical characterization of Cur/HP- $\gamma$ -CyD complex in Sac-HGF

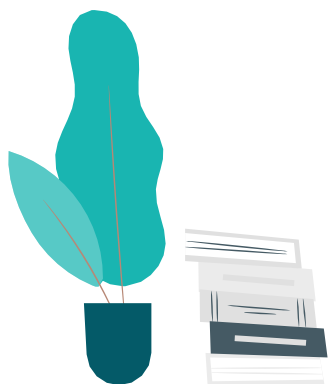
To overcome the poor water solubility and stability of curcumin, we prepared the complex of curcumin with HP- $\gamma$ -CyD (**Introduksi**). Briefly, the specific amounts of HP- $\gamma$ -CyD dissolved in methanol and curcumin dissolved in acetone were mixed and evaporated by a rotary evaporator (Table 2). Then, we incorporated the Cur/HP- $\gamma$ -CyD complex into the Sac-HGF by a water casting method (Fig. 24A) (**Metode**). As the results, the Cur and Cur/HP- $\gamma$ -CyD PMX in Sac-HGFs were not well formed and showed a rough surface (Fig. 24B). Meanwhile, the Cur/HP- $\gamma$ -CyD complex in Sac-HGF provided a homogenous surface as well as the Sac-HGF alone and HP- $\gamma$ -CyD Sac-HGF (**Hasil**). These results suggest that the enhancement of the solubility of curcumin by complexation with HP- $\gamma$ -CyD is important to form the homogenous film (**Kesimpulan**).



# Hasil dan Pembahasan Dipisah

## Pembahasan

In the preparation method of the Cur, Cur/HP- $\gamma$ -CyD PMX, and Cur/HP- $\gamma$ -CyD complex in Sac-HGFs, the introduction of water by casting method to the Cur, Cur/HP- $\gamma$ -CyD PMX, and Cur/HP- $\gamma$ -CyD complex on the surface Sac-HGFs was important process. The presence of water led to dissolve the Cur, Cur/HP- $\gamma$ -CyD PMX, and Cur/HP- $\gamma$ -CyD complex and penetrated inside the Sac-HGF through its porosity (**Alasan hasil percobaan**). As shown in Figs. 24 and 25, the appearances, powder XRD patterns (**Hasil lainnya dibahas**) and DSC thermograms studies patterns (**Hasil lainnya dibahas**) revealed that the Cur and Cur/HP- $\gamma$ -CyD PMX in Sac-HGFs were not well fabricated with a rough surface and showed a crystallinity derived from curcumin (**Alasan**). It is suggested that the Cur and Cur/HP- $\gamma$ -CyD PMX did not have enough hydrophilicity to interact with the sacran sugar chain (**Kesimpulan**).



# Membuat Kesimpulan

Di bagian kesimpulan biasanya memuat kalimat pengantar pendahuluan, menyimpulkan dengan hanya beberapa kalimat dari hasil dan diskusi sebelumnya, serta menjawab maksud, tujuan, dan hipotesa penelitiannya.

- In this study, to further enhance the wound healing ability of Sac-HGF, we fabricated and characterized novel CyD-containing Sac-HGFs (**kalimat pendahuluan**). The results revealed that the presence of  $\gamma$ -CyD in the Sac-HGFs increased their swelling ratio, porosity, and moisture content more significantly than that of the Sac-HGF without CyDs. Notably, the Sac/ $\gamma$ -CyD-HGFs significantly enhanced the wound healing ability in mice, more than the Sac-HGF without  $\gamma$ -CyD (**hasil**). Finally, these results suggest that  $\gamma$ -CyD has the potential to promote the wound healing ability of Sac-HGFs (**Kesimpulan**).

# 4. Latihan Mind Mapping dan Abstrak

Klik

<https://blogs.unpad.ac.id/nasrul/student-guide/>

1. Kumpulkan semua data dan gambar hasil eksperimen (lihat format gambar buat di ppt)
2. Susun sesuai alur cerita atau mind mapping, sehingga koheren dan bertahap beralur
3. Identifikasi permasalahan yang akan dijawab yang akan dibahas di latar belakang
  4. Tentukan judul
  5. Tentukan abstrak

# 5. Introduction to Mendeley

[Download Mendeley](#)

[Install Mendeley Desktop for Mac](#)

[Masukan email dan password atau klik register](#)

[Sign in](#)

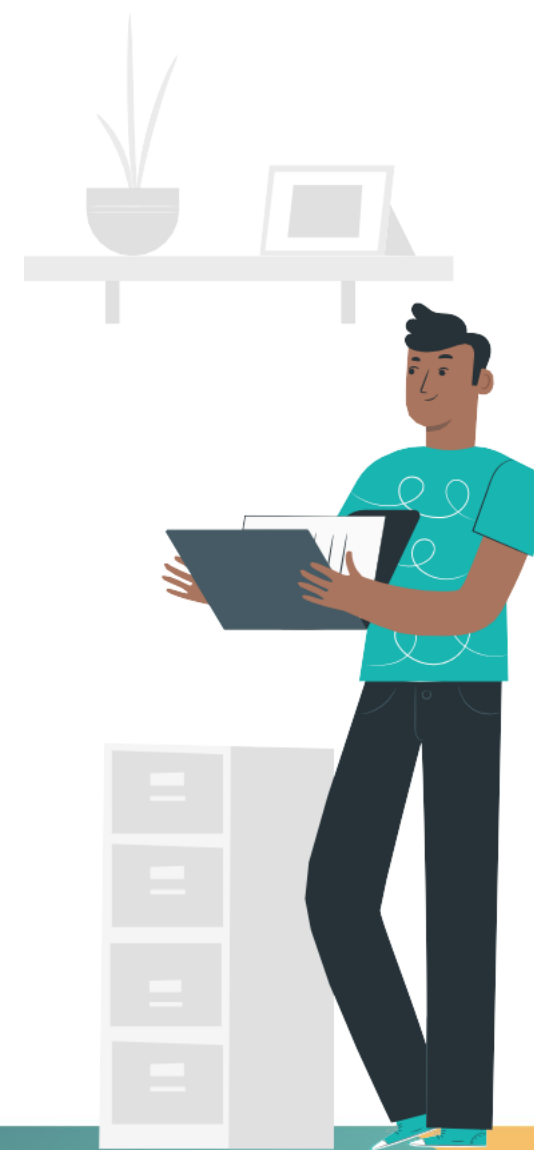
[Import library](#)

[Claim your publications,](#)

[Install plug in untuk Word](#)

[Insert bibliography](#)

[Pilih style Jurnal yang sesuai](#)



## 6. Publication process

<https://nazroel.id/2016/09/29/strategi-dan-tips-praktis-cara-publikasi-jurnal-internasional-di-elsevier/>

1. Tahapan membuat Story Line dari semua gambar dan tabel hasil penelitian
2. Tahapan memilih dan memprediksi jurnal yang kemungkinan menerima
3. Tahapan menyusun gambar dan tabel yang akan dipublikasikan
4. Tahapan menulis pendahuluan
5. Tahapan menulis bahan dan metodologi penelitian
6. Tahapan menulis hasil dan diskusi
7. Tahapan menulis kesimpulan dan figure legend
8. Tahapan menulis abstrak
9. Tahapan penyempurnaan
10. Tahapan pemeriksaan internal
11. Tahapan pemeriksaan eksternal
12. Submit



# BONUS : Cara mudah publikasi review artikel

<https://nazroel.id/2018/05/26/cara-mudah-menulis-dan-publikasi-artikel-review-di-jurnal-ilmiah/>

1. Mengenal format artikel review
2. Memilih target jurnal atau contoh artikel review sesuai topik artikel yang akan dibuat
3. Pelajari struktur format artikel
4. Buat mind mapping untuk mencari story line
5. Buat mind mapping sebelum menulis artikel review
6. Buat rancangan format judul sub topik
7. Mulailah menulis
8. Proses review internal dan proof reading

# Tips Singkat

Who Am I ?



Sistem



Lingkungan

## TIM RISET

### Novel Drug & Cosmetics Delivery System (NDCDS) Based Biopolymers Department of Pharmaceutics and Pharmaceutical Technology



#### Active students

- Nia Yuniarsih (D8)
- Tubagus Akmal (D5)
- Aulia Fikri Hidayat (D4)
- Doni Notriawan (D4)
- Maya Nurul Rahma (D2)
- Ayatulloh Alquraisy (D2)
- Wa Ode Sitti Zubaedah (D2)
- Ammar Fadhil (M4)
- Fauzan Afandi (M2)
- Adinda Putri Rahmah (M1)

#### Post Doctoral

Dr. apt. Lisna Meylina, M.Si

#### Laboran

Jamili



Faculty of Pharmacy  
Universitas Padjadjaran



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